

# Children and Nature Connection Listserv

## Monthly Update - October 2011

You will find event announcements, job opportunities, grant opportunities and research and resources pertaining to children and nature. If you are interested in a posted item, please contact the individual(s) or group(s) sponsoring the item(s).



### ANNOUNCEMENTS

#### Audobon Center of the North Woods - 50% School Scholarship Expiring Soon

A 50% scholarship is available to elementary schools that have never attended a residential environmental learning center or have not attended in the past two years.

For more information visit: <http://www.seek.state.mn.us/article.cfm?id=5712>



### RESEARCH

#### Nature's Role in School Success

According to [greatschools.org](http://greatschools.org), time spent in nature reduces stress and can increase self-worth, important factors in learning. There has also been research showing natural settings can help relieve symptoms of ADHD.

To read this article, visit: <http://www.greatschools.org/students/academic-skills/1572-surprising-facts-about-academic-learning.gs?page=1>

#### Why is America's Youth Staying Indoors?

According to a recent poll conducted by The Nature Conservancy, only about 10% of kids are spending time outside on a daily basis. Reasons for this included lack of access, interest and discomfort with the outdoors.

For more on this poll and for information on how The Nature Conservancy is working to get kids to experience nature, go to: <http://www.nature.org/newsfeatures/kids-in-nature/kids-in-nature-poll.xml>

### RECENTLY IN THE NEWS

#### Richard Louv on Mom Enough

On their August 22<sup>nd</sup> show, Dr. Marti Erickson and her daughter Erin Erickson Garner interviewed Richard Louv about his new book, *The Nature Principle*. In his book, Louv gives new research and provides tips on how to integrate nature in to homes, schools and communities.

To listen to the interview, visit: <http://momenough.com/?p=1952>

To read a review of the book, visit: <http://www.orionmagazine.org/index.php/articles/review/6408>

#### Nature-Based Play Spaces in Crookston and Warren, MN

Students from University of Minnesota have designed nature-based play spaces in Crookston and Warren, MN. These spaces are designed to look like woods, prairie or garden and incorporate native plants and materials. The purpose of these spaces is to reconnect children to nature and improve the health of children and families in the community. Construction is to begin this fall.

To read the entire article, visit: <http://blog.lib.umn.edu/umcweb/news/2011/09/final-designs-completed-for-na.html>

### EVENTS

#### Weekend Family Fun

Falling Leaves:  
Every Saturday and Sunday in October  
12:00 p.m. - 4:00 p.m.  
Learning Center, Minnesota  
Landscape Arboretum

Taste-test U of M developed apple varieties and rate them for flavor, size and texture.

For more information, call 952-443-1422 or visit: <http://www.arboretum.umn.edu/exhibitsandevents.aspx>



**Submittals:** If you would like to submit an item for listserv posting, email details no later than the last Monday of the month to: [cyfc@umn.edu](mailto:cyfc@umn.edu)

Please note that we need all event/update details as email text. Due to potential formatting difficulties, MN CNC does not distribute word document attachments or PDF documents. We are happy to accept web pages and links for distribution. Thank you!